WORKPLACE CULTURE, PROFESSIONALISM, & SETTING BOUNDARIES

INTRODUCTION

We will be covering workplace culture, professionalism, and workplace boundaries.

- What are they?
- Why are they important?
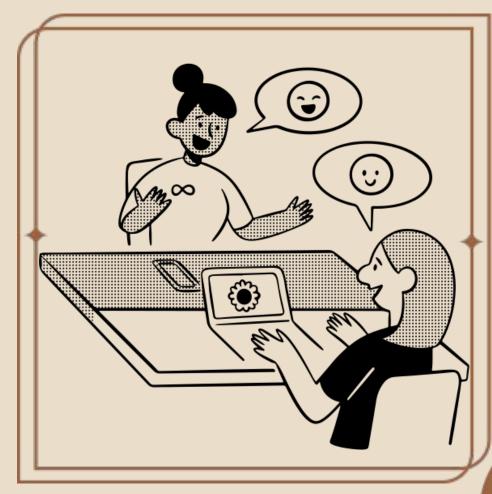- How can we influence them/change them/establish them?
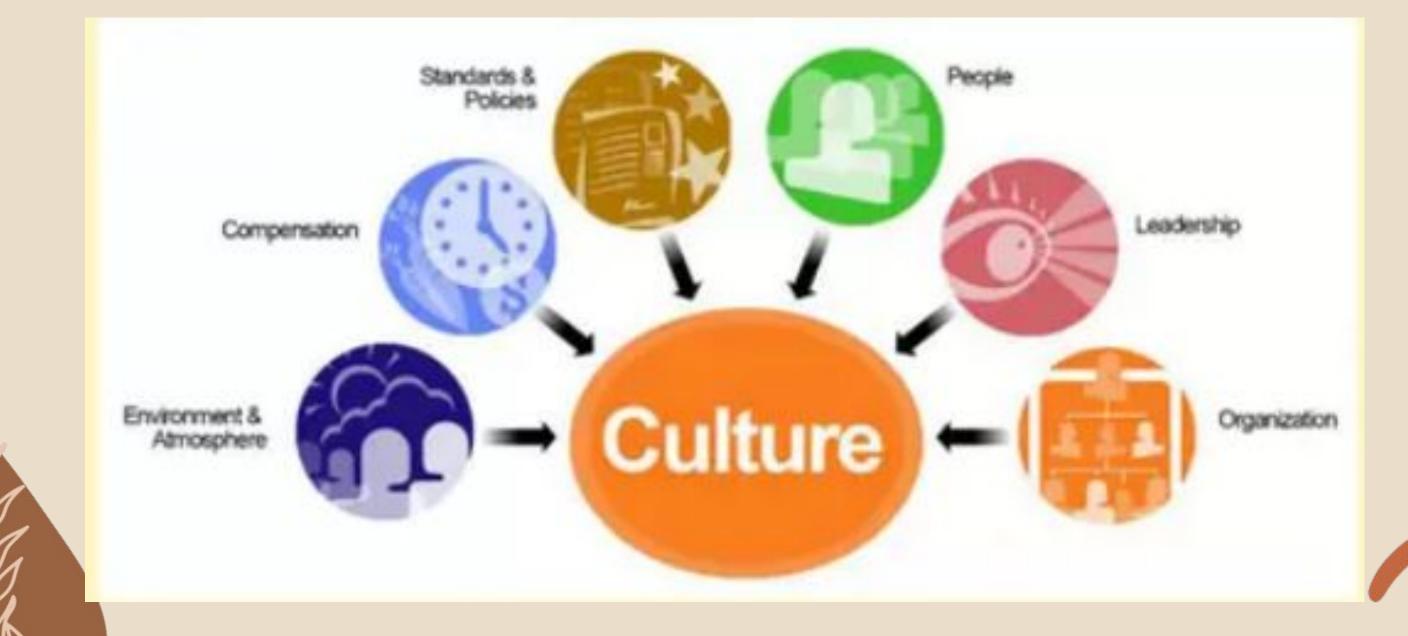
DEFINITIONS

Workplace Culture

Professionalism
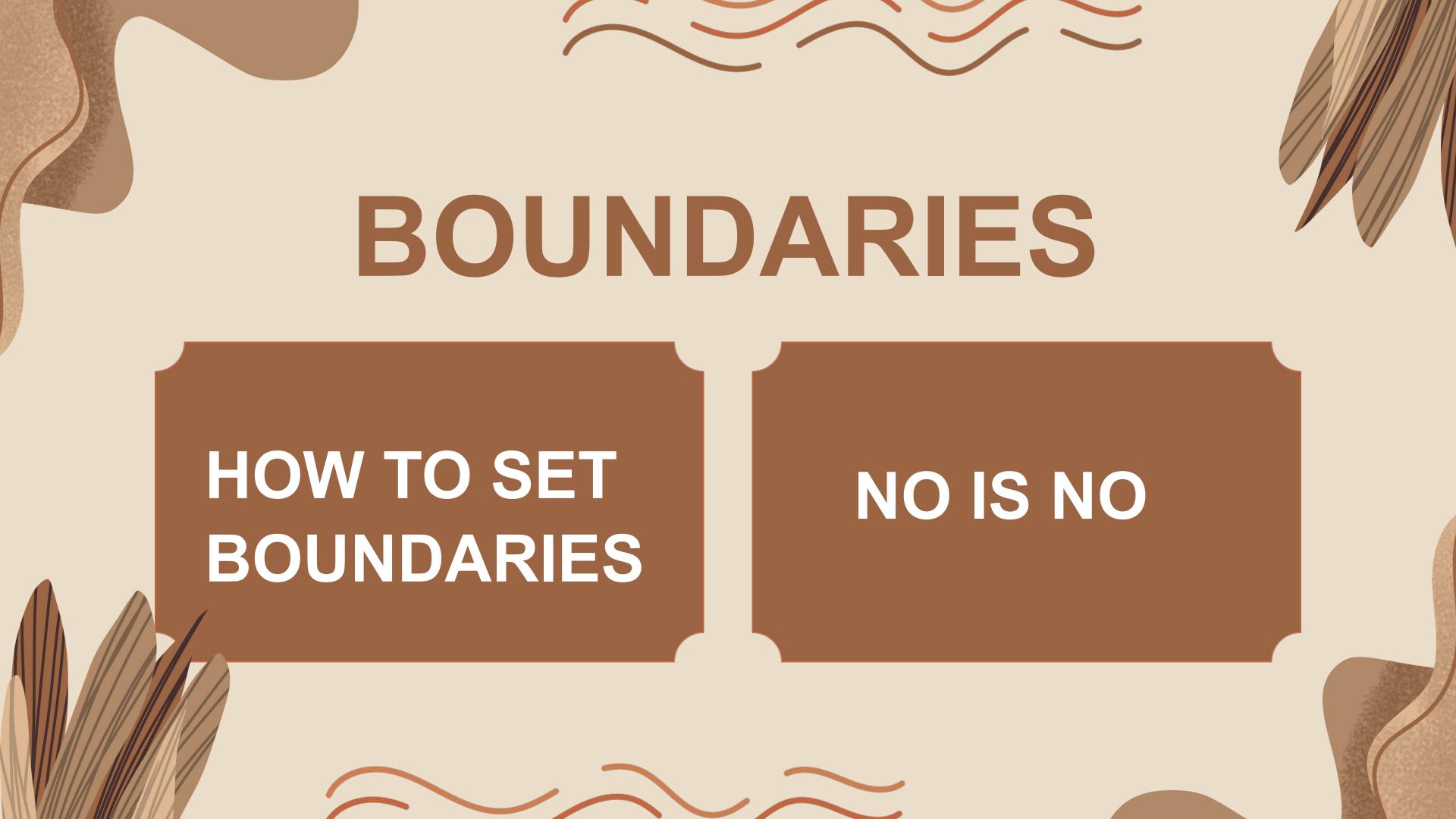
Boundaries

WORKPLACE CULTURE

PROFESSIONALISM

01

One should carry themselves with responsibility, integrity, accountability, and excellence

02

Key Aspects of professionalism: Appearance,Punctuality,Comm unication, Ethics, Positive Attitude,Teamwork, Competency

BOUNDARIES

HOW TO SET BOUNDARIES

NO IS NO

DEALING WITH DISAGREEMENTS

- Address it ASAP
- Actively listen
- Identify the problem
- Seek common ground
- Open communication
- Focus on solutions
- Compromise when necessary
- Involve third party when necessary

CONCLUSION

These are three concepts that are vital for not only the development of a healthy workplace, but for mitigating stress and pressures on you that can develop into compassion fatigue, vicarious trauma, etc.

THANK YOU
SO MUCH

Any questions please contact:

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RESOURCES

- https://yourerc.com/blog/workplace-culture-what-it-is-why-it-matters-how-to-define-it/#:~:text=How%20do%20you%20define%20%E2%80%9Cworkplace,they%20want%20it%20to%20be.
- https://www.dol.gov/sites/dolgov/files/odep/topics/youth/softskills/professionalism.pdf
- https://blog.moderngov.com/setting-boundaries-in-the-workplace-a-key-to-minimising-stress#:~:text=Setting%20emotional%20boundaries%20can%20allow%20you%20to,appreciate%20the%20way%20they're%20giving%20you%20feedback.
- https://www.govloop.com/community/blog/need-know-setting-boundaries-work/#:~:text=To%20communicate%20your%20boundaries%20at%20work%2C%20be,you%20believe%20the%20request%20puts%20on%20you.
- https://professional.dce.harvard.edu/blog/preventing-and-managing-team-conflict/
- https://www.cipd.org/en/knowledge/guides/workplace-conflict-people-manager-guide/